

NĀ HĀLĀWAI

Unity Church of Hawai'i

3608 Diamond Head Circle Honolulu, HI 96815 (808) 735-4436

Sunday Services: 7:30 am, 9 am, 11 am & 6 pm

Wednesday Prayer and Healing Meditation Service: 7 pm

Check our website for a complete listing on our *Calendar of Events*

www.unityhawaii.org

June 2009

New Workshops, Classes and Events:

Mindfulness-Based Stress Reduction

Mondays, June 1 - July 6, 7 pm - 9 pm, Rm 201

In this program originally created by Jon Kabat-Zinn, participants will learn mindfulness meditation, how to use the breath to relax, be present, and reduce stress. Richard Hennessey, LCSW, instructor. \$175.

Sages of a New Age

Thursday, June 4, 7 pm, Rm 204

A DVD showing of a John DeMartini workshop will kick off this new monthly gathering of individuals on a spiritual quest in our modern time for intellectual stimulation and discussion. Tommy Henderson, facilitator. Pot luck snacks. Love Offering.

Lifestyle Balance Weight Loss Program

Tuesdays, beginning June 9, 7 pm, Rm 201

The Lifestyle Balance Program is a state-of-the-art behavioral weight loss program that is being sponsored by the HMSA Foundation. After an informational meeting on June 9th, the official program will run for six months beginning June 16th. Love Offering

Avoiding Investment Scams

Saturday, June 13, 10 am, Rm 204

At a time when we need to have confidence in our financial affairs, schemes and scams seem to abound. Joanna Amberger's workshop addresses these issues and how to recognize and avoid financial and investment scams. Love offering.

New Members Class

Sundays, June 14 - July 5, 12:30 pm, Rm 204

Mondays, June 15 - July 6, 6 pm, Rm 204

Rev. Sky St. John and Mindy Tucker, LUT facilitate this four-week orientation program required for membership in Unity Church of Hawai'i. Please consider committing to furthering your spiritual unfoldment by finding out more about our church 'ohana and the Unity Movement.

Divine Diamond Group Healing Invitation

Saturday, June 20, 10 am & 3 pm, Chapel

Sunday, June 21, 3 pm & 7:15 pm, Chapel

The Divine Diamond is an extraordinary energy for our evolutionary healing. Aniruddhan, a massage therapist, Shaman, Yogi, Reiki Master and Senior Vortex Healing practitioner, will guide the group into a state of deep relation, openness and clarity. Come to one or all. Love offering.

Holy Frugality: A New Look at Stewardship

Saturday, June 27, 9 am, Rm 204

A three-hour workshop designed by David Tasaka to help participants empower their financial lives by teaching them the practical and spiritual principles of good stewardship. Learn how to save more on everything you buy and design a financial life plan. \$25.

June's Featured Program

Lokomaika'i

Gregory House is committed to the ongoing assessment and development of programs that meet the housing and healthcare needs of persons living with HIV/AIDS throughout Hawaii. Unity Church of Hawai'i provides their main meal every Wednesday to 24 residents in Honolulu, an effort that is funded entirely by individual, private donations. Anyone interested in supporting our outreach to Gregory House in preparing weekly meals may call the church office (735-4436) or please join K.D. and Bruce on Wednesdays at 5 pm in the kitchen.



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Singles Events

it's just a book study

Tuesday, June 2, 7 pm, Rm 204

Just jump right in to the monthly discussion of John Gray's *Men are from Mars, Women are from Venus.* !

it's just jazz and seanpaul's birthday party

Friday, June 5, 6:30 pm, Jazz Minds Art & Cafe
1661 Kapiolani Blvd. (just west of Atkinson)

it's just bbq ribs & potluck

Sunday, June 7, 3 pm, Courtyard

Bring an potluck dish to share and just your own soft drinks.

it's just a psychic reading

Saturday, June 13, 3 pm, Gaia Hawaii

Just more of what we did last month. 2600 S. King St. Rm 203

it's just fuel the film

Friday, June 26, 6:30 pm, Blaisdell Concert Hall

The just proclaimed "green & sustainable" movie of the year, *Change Your Fuel, Change the World.* \$10. Tickets available at Blaisdell Box Office.

it's just a movie: "Dragonfly"

Tuesday, June 30, 7 pm, Chapel

Dragonfly is about Joe Darrow (Kevin Costner) who has just recently lost his wife (Susanna Thompson) in a bus accident in Venezuela. Refusing to mourn properly, he begins to witness strange occurrences, often including dragonflies, but also involving a strange curvy cross symbol. Love offering.

Ongoing Church Events

Mondays

Ho'opono Project, 5 pm, Queen's Surf Beach

AA Meetings, 5 pm Kula, 6:30 pm Courtyard

Tuesdays

AA for Women, 5:30 pm, Rm 201

Gurdjieff Group Discussion, 6:30 pm, Kula

A Course in Miracles, 7 pm, Courtyard

Lifestyle Balance Weight Loss Program, 7 pm, Rm 201

Wednesdays

Toastmasters, 7:30 am, Rm 201

Lokomaka'i, 5 pm, Kitchen

AA Meetings, 5 pm Kula, 8 pm Lanai

Compassionate Communication Support, 5:30 pm, Rm 204

Volunteer & Staff Meeting, 1st, 2nd, 3rd, 5:30 pm, Rm 201

Outreach @ IHS, 3rd, 5:30 pm, IHS

Prayer & Healing Meditation Service, 7 pm, Chapel

Thursdays

Debtor's Anonymous, 6:30 pm, Rm 201

AA, 8 pm, Courtyard

Fridays

Al Anon, 10 am, Rm 204

AA, 5 pm, Kula

A Course in Miracles, 7 pm, Rm 204

Spiritual Movie Night, last, 7 pm, Chapel

Saturdays

Yoga, 8 am, Rm 201

Morning Stars Men's Group, 1st & 3rd, 8:30 am, Makiki Zippys

Friendly Hearts, 2nd, 9 am, Kula

Breaking Free from Emotional Eating, 10 am, Kula

Sundays

A Course in Miracles, 1 pm, Rm 201

Gift of Healing Support Group, 1st & 3rd, 1 pm, Kula

IANDS Group 2nd & Spiritual Healing 4th, 1 pm Kula

Youth Education Gathering, 2nd, 11 am, Courtyard

Spa for the Soul, 3rd, 8:30 am, Courtyard

Aloha Meet & Greet, last, 5 pm, Courtyard

Aloha Sunday, last, all services

Get more information on June 2009's current events, spiritual movies, podcasts and outreach activities at:

www.unityhawaii.org



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