

Welcome to Metaphysics I (a) !

Please sign in and make a
name tag for yourself.

I AM NOW in the presence of pure Being, and immersed in the Holy Spirit of life, love and wisdom.

I acknowledge Thy presence and Thy power, O blessed Spirit; in thy divine wisdom I now erase my mortal limitations and from Thy pure substance of love bring into manifestation my world, according to Thy perfect law.

Charles Fillmore

Chapter Four

Evolving Spiritual Awareness, Building Christ Consciousness

4 A Our Process and Goal

The Goal: To become a new person who experiences unspeakable joy; one who you never dreamed existed.

* This desire is universal; always present.

* The potential exists in everyone.

The Process: through active, committed participation in the practice of Truth Principles in every aspect of our lives.

* This is not accomplished in one realization...

4 B Evolution of Spiritual Awareness

Awakening spiritual awareness supports our evolution from simply believing in who we are to realizing What we are, the composite Divine Idea called Christ.

We first become aware of What we are (Christ, Divine Mind, Spirit, Oneness) and then choosing Divine Mind to be expressed from that consciousness.

4 B Evolution of Spiritual Awareness

We grow by using head and heart to let go of erroneous thoughts patterns;

Holding in mind Truth ideas;

Applying them to our daily lives.

These result in the attainment of Christ Consciousness.

It is not instant! It is because the Christ is “infolded” in us.

4 C Evolution of Consciousness

Christ, the Word, preexisted Jesus--the personality.

It was God, in the beginning. Divine Mind cannot be separate from Divine Ideas (the Christ).

We use Jesus as our model--our wayshower--in our quest to be heart-centered metaphysicians.

4 C Evolution of Consciousness

- * Jesus constantly affirmed his spiritual nature.
- * He recognized its supremacy and power.
- * He used the power of the spoken word to penetrate deep in the awareness of the Omnipresence.
- * He removed the mask of personality while realizing Oneness, and then lived from that Oneness.

4 D The First and Second Birth

The first birth is our physical birth as a human being. The second birth is the change we undergo when we commit ourselves to living spiritually oriented lives.

- ☑ When we commit to awaken the Spirit as our Christ Nature;
- ☑ To change our level of thinking;
- ☑ The second birth is not an event, but an on-going process of spiritual unfoldment.

4 E Chemicalization

The experience of inner conflict and upheaval that often occurs when aspects of our consciousness resist the transformation process.

- ☑ May show up as nervousness;
- ☑ The appearance of symptoms in the body;
- ☑ Sleeplessness;
- ☑ The return of old ideas or habits that had previously been overcome.

4 F Nonresistance

The only adversary to our spiritual awakening and seeming evolution is found within our own consciousness.

- ☑ The adversary is not the situation or person before us;
- ☑ It is what we think and feel about the person or situation before us--gives rise to our reaction.
- ☑ This all happens in OUR consciousness.

4 F Nonresistance

If we are compassionate with ourselves and accept instead of fight, we can use them for growth.

- ☑ We can proceed with grace and poise;
- ☑ We will have inner peace.
- ☑ We can meet all challenges victoriously.

4 G Crucifixion

“The crossing out in consciousness of errors that have become fixed states of mind...RW”

- ☑ Can feel like a form of chemicalization.
- ☑ We use this experience to remember to let go of error thinking.
- ☑ Let go of some cherished aspect of our personality.
- ☑ The amount of pain relates directly to the level of attachment.
- ☑ It is dying to our old way of life.

4 H Resurrection

“The rising into a new vigor, new prosperity; a restoration to some higher state...” ASP

- ☑ Contains an element of “ascension.”
- ☑ Can be a daily experience.
- ☑ It follows crucifixion and is ongoing.
- ☑ We accomplish this by taking on Divine Ideas, new thought forms and habit patterns that are from and in alignment with Christ Mind.

4 I Regeneration

“...Calling our faculties out of their materiality into our spirituality.” TP

- ☑ A change in which abundant spiritual life is incorporated into the body.
- ☑ A bringing of all the forces of mind and body to the support of the Christ ideal.

4 I Regeneration

As we recognize our True Nature, Christ, life changes...

- ☑ Life becomes more simplified;
- ☑ Live from the awareness of oneness;
- ☑ Knows and feels guided at all times.

Regeneration is the process that reveals and unfolds our Divinity. The 12 Powers is how we unfold our Divinity.

4 I Regeneration

It begins and ends with consciousness.

- ☑ Results in the transformation of our souls and bodies--expressing perfection and wholeness.

The transformation process enables the realization of wholeness on all levels of our being.

4 J Eternal Life

“Life is a principle that is made manifest in the living. It cannot be analyzed by the senses. ...It must be energized by Spirit.” CF

- ☑ There is a difference between the eternal Divine Idea of Life and what we call *living*.
- ☑ *Living* is how the seeming personal self utilizes this Life Principle.
- ☑ Becoming aware of Divine mind through prayer, meditation, and good works, is how we develop the consciousness of Eternal Life.

4 K Reincarnation

“Innate desire of material expression asserts itself, and the ego seeks the primal cell and builds another body.” CF

- ☑ Not an official Unity belief, but is found in Charles Fillmore’s writings.
- ☑ Not part of the divine plan and does not lift humankind (CF);
- ☑ Is not an aid to spiritual growth, but merely makeshift until full Truth is discerned;
- ☑ Keeps us mired in the wheel of Karma.

Chapter Five

*Our Purpose, Divine Will,
Divine Plan, and Divine
Guidance*

Divine Will

That each person ultimately reveals and expresses Christ (the composite Divine Idea).

This Divine Will is generic, amorphous, nonspecific and is for everyone.

Divine Plan

How each person decides to go about bringing forth, developing and expressing Divine Will. Each person's consciousness determines the direction he or she takes in expressing the Christ, the Divine Idea that made up of Ideas.

Divine Guidance

The supportive flow of Divine Mind. It uses the amorphous Divine Idea of Wisdom emerging from one's Divine Mind to discern the road ahead and to formulate and implement the Plan.

5 A Our Purpose

...To realize, be and express our Divine Potential, which is Christ.

- ☑ Gives joy and zest to living.
- ☑ Created at the point of ourselves as we experience the dissonance between who we think we are (personalities) and What we are, Christ.
- ☑ Powered by Motivation, generated by the Power of Zeal.

5 B Divine Will

“...Always perfection and good for all...does not will suffering or imperfection in any form.”

CF

- ☑ That each person ultimately reveals and expresses Christ.
- ☑ There is no separation from it.
- ☑ The urge to express more and more of our Christ Potential.

5 C Divine Plan

“...the constant idealism that keeps humankind moving forward to higher and higher achievements.” CF

- ☑ At any given moment, how each person decides whether and/or how much Christ Nature he or she will reveal and express.
- ☑ Designed and crafted by each individual.
- ☑ Each person's consciousness determines the direction he or she takes in expressing the Christ.

5 D Guidance

“...a flow of Infinite Mind. It...is not dependent upon a special appeal...the process of the presence of Mind.” CF

- ☑ Makes no choice for us.
- ☑ It simply Ideates.
- ☑ An “urge and energy” through which we make the choices there are best in terms of our own consciousness.
- ☑ Helps us to implement the Divine Plan.

Have a beautiful evening!