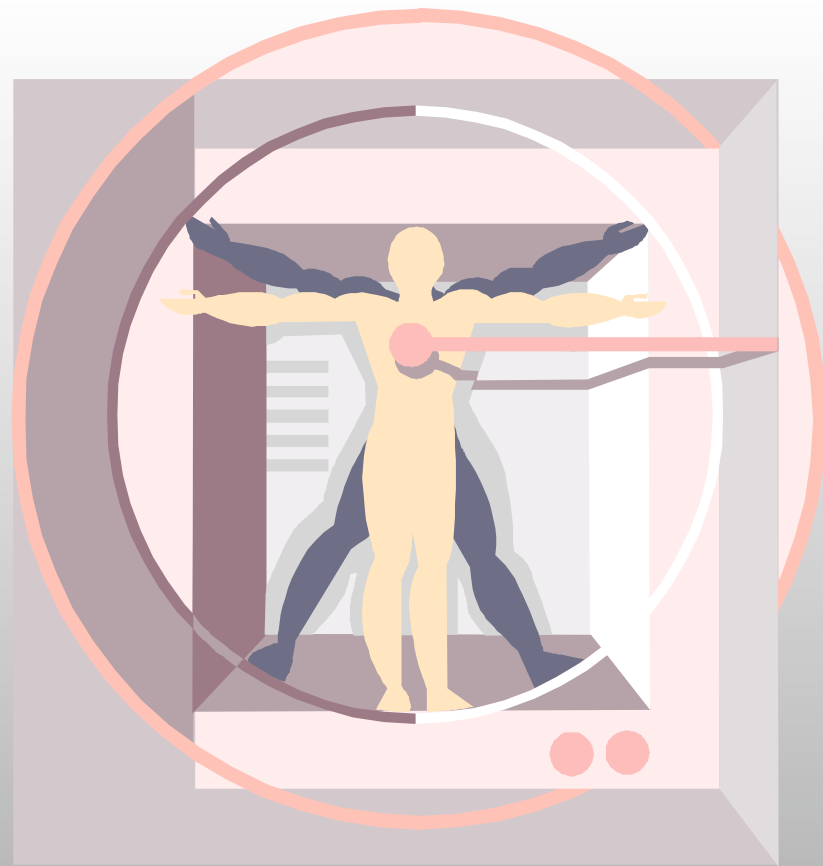


A NEW EARTH
AWAKENING TO
YOUR LIFE'S PURPOSE
by Eckhart Tolle
Class facilitated by
Sondra Dockham-Leong, LUT

VIDEO CLIP



KINGDOM OF HEAVEN
IS WITHIN



PSYCHOANALYTIC
– a rational
component of mind:
controls thinking,
coordinates
personality....
COMMON USAGE -

A COURSE IN MIRACLES – a thought
you are apart from your creator, a
thing of madness, not reality,
nothingness....

TWO CORE INSIGHTS

- 1st “Normal” state of mind *dysfunction/madness*
- Hinduism – “maya,” veil of illusion
 - Buddhists – mind generates “dukkha,” misery
 - Christians – “original sin,” misses point of human existence, live unskillfully, blindly
 - **E. Tolle – deep-seated Delusion, the “egoic mind”**

DEFINITIONS TO HELP US



Ego – identification with forms

Evil - complete identification with forms

Results in total Unawareness of our
connectedness to THE WHOLE
(aka original sin, suffering, delusion)

Heaven – awareness of inner realm of
Consciousness

2nd CORE INSIGHT

The **GOOD NEWS** of the possibility of a
Radical Transformation
of human consciousness

- HINDUISM (and sometimes Buddhism) teach about Enlightenment.
- BUDDHISM teaches about the End of Suffering, Awakening and Liberation.
- CHRISTIANITY teaches about – what?
Salvation! Being saved from our sins –
our errors, our ideas of separation from God.

EGO: THE CURRENT STATE OF HUMANITY

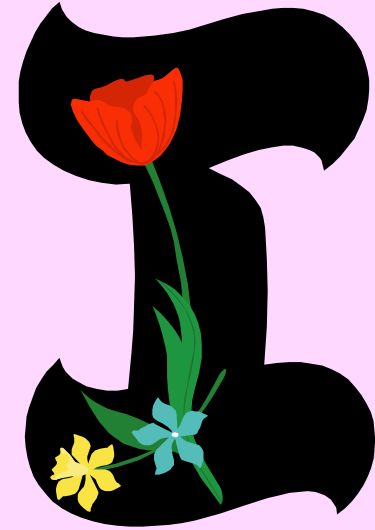
- EVERYTHING IS ULTIMATELY UNKNOWABLE....
- EVERYTHING IS CONNECTED WITH EVERYTHING ELSE & WITH SOURCE.
- DISENTANGLE YOUR SENSE OF 'I' WITH ALL THINGS....



- THE QUICKER YOU ARE IN ATTACHING VERBAL OR MENTAL LABELS, THE MORE DEADENED YOU BECOME TO REALITY!

WHAT DOES TOLLE MEAN

1. When he says: “I” embodies
 - the greatest error and
 - the deepest truth?




2. “Thinking without awareness is the main dilemma of human existence”?



HOW CAN WE LOOSEN OUR IDENTIFICATION WITH FORM?

- Discuss.....
- Where are we when we are NOT identified with the incessant stream of thought?
- Have YOU ever DISidentified from your thoughts?





Poor in Spirit –
no inner, ego baggage;
no ID with form

Kingdom of Heaven –
profound joy of Being!

- How DO WE let go of attachment to THINGS?
- Tolle says “Don’t even try! It’s impossible.”
- Attachment to things drops away WHEN you no longer seek to find yourself in them.”
- Where do we start?
- ...“I AM the Awareness that is aware that there is attachment.”
- The BEGINNING of the transformation of consciousness = BECOMING AWARE of ego attachments!



Another form of identification is with what? the



EQUATING the physical
body that is destined to grow old,
wither and die - with "I" - ALWAYS
leads to suffering sooner or later!

ALIVENESS EXERCISE

Video Clip

E. Tolle



ON BEING YOURSELF

Questions

1. What are the two core insights from the ancient religions, and how does Tolle talk about them?
2. How DO we begin to DISidentify from our things and our bodies? Discuss.
3. ...“I AM the Awareness that is aware that there is attachment.”
What does this mean?
4. What IS the flowering of human consciousness? Discuss.



VIDEO CLIP

E. T. –

The Enormous Power
of Yes