

*NOW*



# A NEW EARTH: AWAKENING YOUR LIFE'S PURPOSE

CLASS 5

CHAPTERS 9 & 10

# YOUR PURPOSE

## *INNER PURPOSE*

To Awaken  
Concerns Being  
Is Primary

## *OUTER PURPOSE*

Concerns Doing  
Is Secondary  
Can change over time

FINDING/LIVING IN ALIGNMENT WITH  
INNER PURPOSE IS FOUNDATION  
FOR FULFILLING OUTER PURPOSE

# AWAKENING

- IS A SHIFT IN CONSCIOUSNESS IN WHICH  
T-H-I-N-K-ING



and AWARENESS SEPARATE  
E

- NOT AN EVENT, BUT A PROCESS
- THE INITIATION OF THE PROCESS IS AN  
ACT OF GRACE

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E. TOLLE

NEVER TOO LATE  
FOR AWAKENING

# The GREAT arises out of small things honored/cared for in the now

- NOT pursuing the idea of greatness.
- “It is not I but the Father within me who

does the work.”

“I can of my own self do nothing.”

Anxiety, stress  
& negativity cut  
you off from that  
that power!



# CHANCE ENCOUNTERS COINCIDENCES SYNCHRONISTIC EVENTS



- What does Tolle say about these events?

# A NEW EARTH



# **GREAT POTENTIAL FOR SPIRITUAL AWAKENING**



- IS WITHIN THE WEAKENING OR DISSOLUTION OF FORM (HUMAN) THRU OLD AGE, ILLNESS, DISABILITY
- IN OUR CULTURE THERE IS LITTLE SPIRITUAL TRUTH





As the new  
consciousness.....  
an increasing # of people no longer

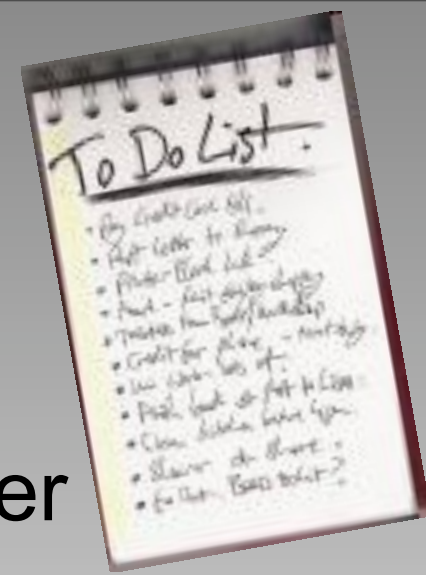
- **IS THERE ALIGNMENT OF YOUR OUTER PURPOSE, WHAT YOU DO**
- **WITH YOUR INNER PURPOSE – AWAKENING AND STAYING AWAKE.**
- **NOT WHAT YOU ARE DOING BUT HOW YOU DO WHAT YOU DO DETERMINES ... FULFILLING YOUR DESTINY.**

# The Modalities of Awakened DOING

- ACCEPTANCE
- ENJOYMENT
- ENTHUSIASM



# A Spiritual Practice



- Now, please, make a list of a number of everyday routine activities you perform frequently.
- Include those you consider uninteresting, boring, tedious, irritating, stressful.
- Do NOT include those you hate or detest.
- Choose one to imagine as you are led into a visualization exercise....



**ENTHUSIASM**

*Enjoy life with enthusiasm.*



DEEP ENJOYMENT **PLUS**  
ELEMENT OF A **GOAL** OR **VISION**  
THAT YOU WORK TOWARD

**Who are the 'frequency-  
holders'?**

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**WISDOM IN  
DAILY LIFE**

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E. Tolle

To Think or  
Not to Think

# Please choose the 'hardest' question below and write your response

1. Write about Awakening and Awareness in general; write about them in your own life.
2. What is your Inner purpose and what is your Outer purpose? Are they in alignment at this time?
3. Describe the modalities of Awakened Doing and how your own life has or doesn't have these qualities.
4. Do you 'Know Thyself' in the way Tolle talks about? Write about knowing yourself.



# A NEW EARTH: